



CRYSTAL XUE

George Washington University

Why did you apply to the Kaiser Permanente Mid-Atlantic States Internal Medicine Residency Program?

I have a strong interest in outpatient internal medicine, particularly at the intersection of public health and primary care. The dedicated faculty and supportive system of Kaiser Permanente Mid-Atlantic States form a great place for me to pursue my interests and become a well-rounded physician, while learning about the inner workings of a system that has been highly successful in emphasizing preventive care.

What makes you passionate about practicing medicine?

I am passionate about longitudinal patient care and patient education. I also love being able to contribute to health literacy on both the individual and systemic levels.

What's a fun fact about you?

Calligraphy is one of my pastimes; I enjoy using it to personalize items, and sporadically apply it to larger projects.

How do you thrive?

To decompress, I love to play and listen to music. Classical, jazz, and rock are among my most listened-to genres. Outside of work, I prioritize staying up to date with my family and friends. Otherwise I'll be found buried in a good book, nonfiction currently preferred.