

Need care now, but not sure which option to choose? We can help.

Getting care for urgent but non-serious health concerns is easier than ever at Kaiser Permanente with both virtual and in-person options. Virtual care is available from home, work, or almost anywhere.

After Hours Care is offered in person at select medical centers, and Urgent Care services are provided in person at other select centers in the region. Read more to see which option is best for your needs.



What are the urgent care options available to me?

To learn more about our Urgent Care services, scan the QR code or visit kp.org/urgentcare/mas.

	After Hours Care	Urgent Care	Advanced Urgent Care	Virtual Care
What is this?	In-person care for minor health concerns	In-person care for urgent but non-life-threatening concerns	In-person care for serious but non-life-threatening concerns	Virtual care by phone or video ¹ for minor health concerns
For what conditions is this appropriate?	<ul style="list-style-type: none"> • Cold, sinus, and flu-like symptoms • Ear pain • Neck pain • Rash • UTI • Minor injuries 	<ul style="list-style-type: none"> • Stomach pain • Back pain • Deep cuts • Skin infections • Sprains and strains • Vomiting, diarrhea, and nausea 	<ul style="list-style-type: none"> • Abdominal pain • Breathing trouble • Broken bones • Chest discomfort • Dizziness and headaches • Vomiting, diarrhea, and nausea 	<ul style="list-style-type: none"> • Cold, sinus, and flu-like symptoms • Pink eye • Rash (age 2 months and older) • STI (sexually transmitted infection) testing² • Urinary symptoms² • Vaginal discharge²
Where can I find this type of care?	<ul style="list-style-type: none"> • Annapolis • Ashburn • Fredericksburg • White Marsh • Woodlawn 	<ul style="list-style-type: none"> • Camp Springs • Kensington • Reston 	<ul style="list-style-type: none"> • Capitol Hill • Caton Hill • Gaithersburg • Largo • Lutherville-Timonium • South Baltimore County • Tysons Corner 	To start using virtual Urgent Care today, scan the QR code or visit kp.org/getcare
When is this open?	Monday–Friday 3–11 p.m. Saturdays and Sundays 9 a.m.–5 p.m. Closed all holidays	Monday–Friday 3–11 p.m. Saturdays and Sundays 9 a.m.–5 p.m. Closed all holidays	24 hours, 7 days a week	24 hours, 7 days a week
Do I need to make an appointment?	Yes; call 800-777-7904 (TTY 711) to schedule an appointment	Yes; call 800-777-7904 (TTY 711) to schedule an appointment	No; walk-ins accepted	No

¹When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

²Virtual care for these conditions is available to members age 18 and older.

