



# Book today with Grow Therapy

Kaiser Permanente Mid-Atlantic has partnered with Grow Therapy  
to make mental health care more accessible

## How Grow Therapy works with you



### Pick your person

Find a provider that specializes  
in your needs.



### Schedule time

Most therapists are available for  
appointments within two days.



### Connect your way

Meet your provider either in-person or  
virtually, whichever works best for you.

growtherapy

Therapists in

Virginia

accepting

Kaiser Permanente

Talk Therapy

Free consults

Specialties

Gender

Ages

Identities

Availability

Kaiser Permanente therapists in Virginia

Let your Kaiser Permanente insurance plan help pay for therapy. Browse qualified Virginia therapists to find the one who's right for you, then book an appointment through Grow Therapy to get a jump on your mental health journey.

Sherry Kirkpatrick (she/her)

KAISER PERMANENTE

Grow choice

LMFT

15 years experience

Virtual

In-person

Feeling the need to talk about what matters to you? Life's transitions, stressors, worries, and fears are on everybody's mind. In session, we focus on renewing, restoring, and reviving the most important person...you. I am strong in the areas of increasing your ability to become self-aware and more confident. Through therapy we can explore areas of your life that help you to...

Next available: Feb 4

View profile

Book session

Theo Carrillo (he/him)

KAISER

Grow choice

LMFT

6 years experience

Virtual

In-person

Get started at  
[growtherapy.com/kaisermas-members](https://growtherapy.com/kaisermas-members)

For questions, email [kaisermas.support@growtherapy.com](mailto:kaisermas.support@growtherapy.com)